

An Artistic Discovery 2018

Cooperstown Art Association Gallery presents, *An Artistic Discovery 2018*, the Congressional Art Competition for Otsego County High School Students. The opening reception will be held March 9 from 5:00-7:00 p.m. The exhibit will be on display throughout the month of March. This is a great opportunity for our young CV-S artists to showcase their work in a professional setting. Please join us!

New Meets Old

New Meets Old, a Cherry Valley-Springfield High School Student Art Exhibit, is being held at the Old School Student Gallery from January 29-February 26 and will end with a closing reception. Many of our young artists are participating in displaying their artwork in this professional setting that is nestled within our community.

Coming Soon to CV-S! A Splash of Color Pre-k thru 12th grade Student Art Show

Tuesday, May 15
5:30-7:30 p.m.

The exhibit will be on display in the Lower Elementary Corridor, Main Office Windows and in the Atrium

Superintendent's Message

Dear Parents and Community Members,

We have certainly had our share of snow this winter, along with cold temperatures. I hope everyone is dealing as best they can with the winter weather. As for the climate in school we have completed the first semester of the 2017-18 school year. Congratulations to our students who made the Principal's List and Honor Roll. We hope that all of our students keep striving to do their best! We are halfway through the school year and we are looking to graduate 31 seniors in June.

Congratulations to our basketball teams for completing their seasons. Congratulations to our students who took part in the All-County Festival in Laurens. We will be hosting the second All-County Festival on March 3rd. The quality of the music is phenomenal. Also on March 16, 17 and 18 our Drama Club will be producing Annie. These are two events that support the arts and are a perfect way to brighten up the month of March.

We have wrapped up the fuel tank project at the bus garage and the interior door project in the main building. The remaining portion of the Capital project is still at New York State Education Department awaiting approval. We are in the middle of putting together the 2018-19 budget. Our main focus of the budget is to maintain programs for our students and to also look for ways to be more efficient with the resources that we currently have. Feel free to attend one of the Board of Education meetings (March 8, 22, or April 19) to hear more about the budget. The annual budget hearing is May 3 at 7:00 p.m.

Sincerely,
TheriJo Climenhaga
Superintendent

Code of Conduct Policy Discussion

There will be a Code of Conduct Policy discussion held on March 8 at 6:00 p.m. in the Board of Education Room. Please refer to the following link for the current Code of Conduct Policy https://boardpolicyonline.com/?b=cherry_valley_Policy#5300.

Please call 607-264-9332 ext. 501 with any questions. If you are unable to attend the meeting and would like to share your concerns feel free to forward them to lcarrson@cvsd.org.

Athletic Booster Club News

The Athletic Booster Club will be holding a Basket Bingo Fundraiser on April 21.

The doors will open at 5:00 p.m. to preview the baskets and bingo will begin at 6:00 p.m. Please come out and support the Athletic Booster Club so we can support our students.



Call 911 to report violations

- **It is illegal** to host or allow teen drinking parties in your home.
- **It is unhealthy and unacceptable** for anyone under age 21 to drink.
- **It is unsafe and illegal** for teens to drink and drive.
- **Parents can be prosecuted** under the law.
- Everything associated with a violation, such as **personal property, can be confiscated.**



DRUG-FREE ACTION ALLIANCE

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PTO

The Cherry Valley-Springfield PTO is officially up and running! We are excited about this new organization, and wanted to share an update. At our October meeting, we accepted nominations for PTO Officers, and the following people were elected: President: Maggie Pokorny, Vice President: Melissa Gridley, Secretary: Audrey Maldonado, and Treasurer: April Erkson. We are still in the process of formalizing our mission statement, and setting our goals. We will be working on these items at our next meeting and will share them once they are complete. Some things that we have accomplished since the beginning of the school year include: filing the necessary paperwork to be an official PTO organization, writing and revising our by-laws, brainstorming activities and fundraising options, providing holiday treats for the faculty/staff, and planning our first community event—Family Game Night which was held on Friday, January 19.

New members are always welcome, and there are many ways you can be involved. We meet on the 3rd Thursday of every month at 6:00 p.m. in the school's Library Media Center. If you are unable to attend the monthly meetings, we invite you to check out our Facebook page (Cherry Valley-Springfield PTO), or email our secretary at amaldonado@cvsd.org to be added to our email list. Thank you to everyone who has helped get this organization started.

Scholastic Book Fair

The Parent Advisory Committee at Cherry Valley-Springfield Central School will host a Scholastic Book Fair from March 19-23. Our Scholastic Book Fair is a reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level. Please make plans to visit our Book Fair and be involved in shaping your child's reading habits. Giving kids access to good books and the opportunity to choose their own books will motivate them to read more. And like most acquired skills, the more kids practice reading, the better they'll get.

Funds raised will help support literacy activities including this year's and future PARP Programs and community literacy events. Families, faculty, and the community are invited to attend this fun reading event.

Dates and Times

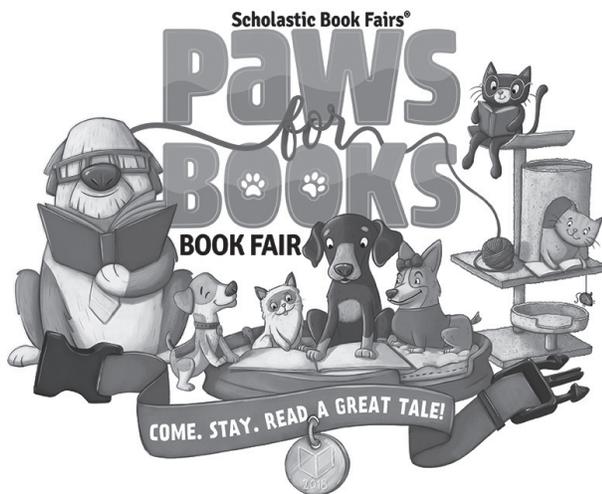
The Book Fair will be located in Room 218 at the top of the stairs from the Main Lobby during the following dates and times:

- Monday, March 19—8:30 a.m.–2:30 p.m.
- Tuesday, March 20—8:30 a.m.–2:30 p.m.
- Wednesday, March 21—8:30 a.m.–2:30 p.m.
- Thursday, March 22—1:00 p.m.–7:00 p.m.
- Friday, March 23—8:30 a.m.–Noon

Books may be purchased from the Book Fair with cash, checks (payable to CV-S Parent Advisory Committee/CV-S PAC) or all major credit cards. Make sure to include the 8% sales tax.

Before you visit the Book Fair, download the *free* Book Fairs App to help you find the right fit books for your child. For more information, visit: scholastic.com/apps/bookfairs. And if you're all booked up during Book Fair week be sure to visit the Book Fair online at scholastic.com/fair.

If you are interested in volunteering to help at the Book Fair or have any questions, please give PJ Johnson a call at (607) 264-3265, ext 518.



Alumni Spotlight—Kyle Flint



Kyle Flint is a 2010 CVSCS graduate, who joined the Marine Corps after graduation now works as an armed security contractor for a civilian company, Triple Canopy. Kyle is presently working in Bagram, Afghanistan. In his spare time, Kyle enjoys activities that have to do with the outdoors; including hunting, fishing, snowboarding,

target shooting and riding his motorcycle. He is interested in the field of public service and skilled trades.

If he were to come back to CV-S to teach a class it would be a strength and conditioning class. Kyle feels working out is very important whether it is with weights or some sort of aerobics to get you heart and blood pumping. He would teach this class because he feels this type of exercise helps boost people's self-esteem and confidence, allowing people to achieve things they think they can't. Self-esteem and confidence transfer into other aspects of life such as workplace or social life. A lesson Kyle has learned is it is always good to challenge and push yourself to be better. Pushing yourself to your limits strengthens you physically, mentally and emotionally.

The most valuable lesson Kyle learned from CV-S was actually an opportunity. He feels the most valuable opportunity he was given at Cherry Valley Springfield was the ability to attend BOCES and learn how to weld and fabricate. These skills he learned in high school are ones he still uses today. At CVS his favorite teacher was Mr. Yost. Kyle said if you asked him about Mr. Yost when he was in school he would have said he hated him because he never gave me any breaks and was no nonsense with me. He made me work for everything in his class, "looking back now I am glad he was like that with me."

According to Kyle his greatest professional accomplishment has been serving his country in the Marine Corps as a machine gunner and working with some of the most amazing people as he fought for our country. In his opinion, CV-S alumni are already helping in all aspects of the future whether it be in agriculture or big business or everything in between. There are so many different backgrounds and interests of former students, but alumni of CV-S will continue to contribute to the world in countless positive ways.

Kyle's advice for the present student of CV-S is that "nothing is free in life and no one owes you anything, you have to work hard for what you want." He stated seven years ago he was sitting at the same desks the present students

Continued on next page

Alumni, cont.

are and thought he had it all figured out. He didn't think the adults knew what they were talking about, just like some students are thinking now. He expected things would just fall into his lap, but he quickly learned the world did not work that way and he had to work for what he wanted. He quotes one of his idols, Arnold Schwarzenegger, "Remember when you're out there partying, horsing around, someone out there at the same time is working hard. Someone is getting smarter and someone is winning, just remember that. Now, if you want to coast through life don't pay attention to that. But if you want to win, there is absolutely no way around hard, hard work."

Kyle's final advice to CV-S students is, "I'm not saying you can't have fun, everyone needs a release, the key is to know when it's time to get back to focusing on what you want. Always have a backup plan, in the Marines we had a saying 'a plan only survives until the first contact.' The same thing goes for the real world. For some of you, when your plan meets the real world, the real world will win but don't let that scare you, don't be afraid of failure. Fear will not allow you to push yourself. Trust yourself, keep putting in the work and have a backup plan and eventually you will win."

—Article by *Savannah Jicha*

Ski Club

For those of you who happen to enjoy the winter sport of skiing or snowboarding, you understand that it can be a costly sport. To help defray some of the costs, the Ski Club is looking for donations of gently used ski and snowboarding equipment—including bindings, poles, skis, boards or helmets. Those items that are donated and are not claimed will be donated to the SPCA thrift store.

Math Honor Society

- Induction Ceremony was held on February 13.
- Mark your calendars—Pi Day is March 14! We will be celebrating the whole week 3/12-16. Look for pictures in the next newsletter. Thank you!

Spelling Bee Title Vacated, New Champion Emerges!

The students at Cherry Valley Springfield Middle School competed in their annual spelling bee on January 9. With the reigning champion **Caleb Carpenter** moving up to 9th grade, the title was vacated allowing for someone new to claim it. Many students sought the championship and they all participated showing great courage and skill, but only one was able to come away as the champion. Tensions were high when all but two students were eliminated. **Madison Westerman** (7th Grade) started out strong when she spelled the word 'amputation' correctly putting the pressure on **Curtis Hurley** (6th Grade) to do the same with his word. Unfortunately for Hurley, he was unable to spell 'impeccable' and had to hold on to the hope that Westerman wouldn't accurately spell her championship word: flabbergasted. That is exactly what happened, and the crowd was indeed flabbergasted. Gathering their composure from the latest development, our two finalists soldiered on for several more rounds until Westerman was stumped by the word 'brigands.' Hurley took this opportunity to pull ahead by spelling 'strenuous' to perfection. 'Gargoyle' was offered as Hurley's championship word and he smiled as he spelled it correctly thus becoming the new Cherry Valley-Springfield middle school spelling bee champion. Both Madison Westerman and Curtis Hurley deserve the utmost respect for their efforts, so please offer them your congratulations when you see them.

Next year's spelling bee will take place in January 2019. Will Curtis Hurley be able to defend his title? Will Madison Westerman gain her coveted championship? Is there someone new out there ready to grab the all the glory? Keep your eye out. The specific date is soon to come.



Curtis Hurley and Madison Westerman smile as they accept their certificates.



2nd Quarter Principal's List and Honor Roll

PRINCIPAL'S LIST

Grade 12

Nathan Climenhaga
David Collins
Hailey Diani
Kaitlyn Ehlers
Garret Fassett
Whitney Fink
Skyler Girard
Avalon Kubis

★ Marcus Mosenson

Jasmine Olsen
Samantha Patterson
Amanda Pressly
Althea Jo Prime
Samantha Rockwell
Daryn Rodriguez
Bryan Sprague
Megan Wilmot
Jacob Wilson

Grade 11

Ryan Burr
Hailey Erway
Makayla Gwinn
Michael McCallion

Grade 10

Morgan Collins
Josephine Herzog
Larry Kroon
Luke Loveland
Matthew Mosenson
Austin Yerdon

Grade 9

★ Marris Abbruzzese
Brady Benson
Loial Davis Fralick
James Herzog
Mia Horvath
Jaelyn Jaquay
Allison Lennebacker
Sarah Lewis
Jesse Mance
Andrew Oram
Rebecca Phillips
Jillian Rockwell
Chloe Thalheimer

Grade 8

Arianna Bresee-Kelsey
Vanessa Erkson
Kyle France

Dylan Huff

Marijke Kroon
Gabriel Oakley
Joseph Pressly
Maeve Rauscher
Alyssa Rockwell
Andrew Rockwell
Jack Seeley
Camilla Tabor
Oskar Webster

Grade 7

Julianna Abbruzzese
Chase Benson
Ariana Bosc
Trynity Dewey
Emma Goldsmith
★ Jeremiah Hillhouse
Jillian Johnson
Emily Kroll
Joleen Lusk
Lydia Lusk

Arianna Mosenson
Oren Prime
Katrina Rivera
Jade Thalheimer
Madison Westerman

Grade 6

Mina Aramini
Kailey Barnes
Karis Brodie
Ava Calhoun

Trevor Campagna
Amelia Dubben
Matthew Freer
Evelyn Gallup
Sullivan Hopkins
Max Horvath
Morgan Huff
Curtis Hurley
Gabrielle Jicha
Jacob Johnson
Hope Morrison
Bryant Rockwell
Colin Ross
Dalton Stocking
Anjelia Sturtevant
Mason Thalheimer
Erin Williams

HONOR ROLL

Grade 12

Kayleigh Baker
Isabel Daley
Zoey Horning
Ryann Phillips
Bryana Reckeweg
Alexis Stasilli

Grade 11

Alexander Cronkhite
Matthew Dawson
Allison Hoke
Ryan Lewis
Cody McGovern
Justin Riavez
Zoe Smith
Barry Webster
Tucker Yager
Noah Young

Grade 10

Luke Bartlett
Natalie Davis
Rylee Dea
Kyrarah Decker
Kelsey Girard
Matthew Kroll

Alana Latella-Devine
Kendra McGovern
Ahnalese Misiewicz
Cierra Reynolds
Felicia Van Buren

Grade 9

Caleb Carpenter
Zoe Climenhaga
Zoe Dewey
Luke Dubben
Owen Johnson
Lillian Lighthall
Abigail Peterson
Jordan Sprague

Grade 8

Brooke Cavaco
Cendra Crawford
Jesse Fink
Landon Hamilton
Madison Hastings
sheena House
Allan Parker
Brandon Preston
Madisyn Reyome

Mary Beth Wait
Sean Webster
Emma Whiteman

Grade 7

Ryan Barnes
Tranquility Cleveland
Lillian Gallup
Xavier Jillson
Katrina Kendrick
Sydney Kukulech
Cadence Lefevre
Riley Mance
Lana Rockwell
Eleanor Van Spanje
Olivia Webster
Stephanie Whiteman
Meredith Wilson

Grade 6

Camden Decker
Declan Delaney
Markel Grimm
Duane Lefevre
Kelan O'Leary
Paige Webster



Congratulations!

Junior and High School Counseling Office

What's happening in the Guidance Department at CV-S?!

- On February 5 our sophomores attended an OAOC BOCES Tour based on their potential programs of interest.
- On February 7 Mr. Weinert came and spoke with our students about the Odyssey and Outward Bound Programs offered through the Clark Sports Center. He met with students in grades 8-11.



Looking Back

- Our 9th and 10th grade students attended a Career Expo on November 2 at the OAOC BOCES. The students learned about various local businesses and career opportunities.
- The 8th grade students went on an OAOC BOCES Tour on November 15 to learn about their programs and participated in hands on activities.
- We held a Financial Aid Night on November 20 with Louise Biron from SUNY Cobleskill. Parents had the opportunity to learn about the FAFSA and start the Financial Aid process.
- Mr. DeMars the OAOC BOCES Principal met with our sophomores on January 17 to discuss the great programs they offer students.
- The seniors completed their Clark Foundation Scholarship applications.



- A big *congratulations* to our seniors that have applied to college and completed their Financial Aid! All of their hard work is paying off as they are being accepted into colleges!

Career Café

On November 20 and January 10 we held a NEW CFES initiative at CV-S called Career Café! Members of the community come in to discuss their careers with our 8th, 9th and 10th grade students. Each Career Café focuses on a career theme, the first theme was Working With Animals and the one we just held was on Health Related Careers. These events give students the opportunity to sit down during

lunch and meet with professionals in their potential careers of interest. The students are free to ask any questions they may have. Our next Career Café will be in March and the theme will be Various Careers.



Music Department

All-County

The following students have been accepted into the 2018 All-County ensembles:

Elementary Band—**Mina Aramini, Karis Brodie, Sullivan Hopkins, Max Horvath, and Abigail Oram**

Junior High Band—**Griffin Barrett, Arianna Bresee, Caleb Carpenter, Zoe Climenhaga, Mia Horvath, Jillian Johnson, Emily Kroll, Sarah Lewis, Joleen Lusk, Abigail Peterson, Rebecca Phillips, and Oskar Webster**

Senior High Band—**Kaitlyn Ehlers, Hailey Erway, Makayla Gwinn, Luke Loveland, and Andrew Oram**

Junior High Choir—**Julianna Abbruzzese, Ariana Bosc, Vanessa Erkson, Loial Davis Fralick, Johanna Mosenon, Gabriel Oakley, Katrina Rivera, Zachary Smoot, and Jordan Sprague**

Senior High Choir—**Josephine Herzog, Matthew Mosenon, Amanda Pressly, and Barry Webster, Jr.**

Susquehanna University Honors Band Festival

Congratulations to the following students for being accepted into the 2018 Susquehanna University Honors Band: **Kaitlyn Ehlers, Matthew Mosenon, and Andrew Oram**. These students were chosen through an application and recommendation process. They will spend two and a half days in rehearsals and master classes, and will have the opportunity to see the University faculty in concert. The students performed in the final concert, which took place at the Susquehanna University Weber Chapel Auditorium on Sunday, February 18.

Senior Band Performs at Farmers' Museum



On December 9 a group of Senior Band students performed holiday music at the Cooperstown Farmers' Museum's Candlelight Evening. The students performed on the balcony of the Bump Tavern and then had time to enjoy the festivities themselves. It was a very cold evening, but always a wonderful way to kick off the holiday season!

Thank you

Thank you to everyone who supported our candle fundraiser. The money raised will be used to purchase or repair equipment and supplies, provide additional opportunities for our students, and celebrate our students' hard work. Mrs. Oram, Mr. Dangler and all of the students greatly appreciate

the support of our community, our colleagues, Mrs. Climenhaga, Mr. Keane, Mrs. Knapp and the CV-S Board of Education. This year's top sellers from each ensemble were: Senior Band—**Kaitlyn Ehlers**, Senior Choir—**Hope Lowry**, Junior Band—**Zachary Smoot**, Junior Choir—**Arianna Mosenon**, 5th Grade Band—**Julissa Dixon**, and 5th Grade Choir—**Hailey Rockwell**.

All-County Festival Coming to CV-S!

The Cherry Valley-Springfield Music Department is excited to announce the upcoming Otsego County Music Festival to be held March 1 and 3. CV-S will be host to almost 300 musicians from around the county for two days of rehearsal and performance. The concert is open to the public (\$4/adult, \$1/student or \$10/family) and will be Saturday, March 3. The Elementary Band and Chorus will perform at 1:00 p.m. and the Junior Band and Senior Choir will perform at 2:30 p.m. in the CV-S gymnasium. Come out and support these talented musicians!

Instrumental Music



Band students are preparing for the first of our spring concerts on April 5. The Fifth Grade Band is learning about concert marches with *Premiere March* by Joseph Compello. The Junior Band members are learning new notes, rhythms, and music styles with *Double-Oh-Eight (A Spy Story)* by John Edmondson and *Aliens Landing (In Your Backyard)* by John Prescott. Finally, the Senior Band is learning about programmatic music with *The Great Locomotive Chase* by Robert W. Smith. Join us on April 5 at 7:00 p.m. to hear these pieces and more!

Music in Our Schools Month

In the month of March we celebrate music in our schools. But there are many ways to enjoy the talent of CV-S musicians all year long. Our younger students share songs they learned in general music class with family members. Our older students perform in four school concerts each year—two in December and two in the spring. Choir students carol at Springbrook and Pathfinder Village each December, while band students play at the Farmer's Museum. Band and choir students represent CV-S in honors ensembles such as All-County, Area All-State, Hartwick College Honors Band, and Susquehanna University Honors Band. Vocalists can be

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Download the Box Tops Bonus App Today!



Find offers. Buy products. Scan your receipt. Watch earnings stack up.

Earn even more cash to help our school get what it needs through the Box Tops for Education® Bonus App. As usual, the on-pack Box Tops can be sent to the school in your child's name, but now you can earn Bonus Box Tops in combination with other coupons, discounts, store programs or promotions. For example, there is currently an offer that will earn our school \$5 when you buy 5 box top products at participating stores (stores include Price Chopper, Walmart, and Save A Lot). The money will be added to our Box Top account automatically. Turn your everyday receipts into cash for your school.

The money earned is used for items in the Library that all students can use, such as video cameras, a large screen TV, and more—all which have been used for various school projects and events. At the end of the year the class with the most box tops wins a prize.

Please try this easy way to support our students!

Family Creative Learning



In April of 2018 the Library Media Center (LMC) plans on hosting its first-ever Family Creative Learning workshops! In these workshops, we will invite families throughout the community to learn, through a hands-on approach, how technology can enhance ones creativity, confidence, collaborative skills and more. The workshops use the introductory visual programming language of Scratch, along with the hands-on *invention kit* of the MakeyMakey to bring children and their parents together to collaboratively work with technology.

The LMC is now taking applications for families who are interested in being a part of this great event. Families need to be able to commit five consecutive Mondays in April from 5:30-7:30 p.m. There will be a free sit-down meal before each workshop for everyone involved, as well as free babysitting!

For more information, including how to apply, go to cvscs.org/fcl or contact Brian DeBoyace or Audrey Maldonado in the LMC (extension 234).

Music News, cont.

found on stage in the Spring Musical, while students and alumni are often found playing in the accompanying pit band. Instrumentalists and vocalists perform for adjudicators at the annual New York State School Music Association (NYSSMA) Festival in May. Senior Band and Jazz Band members compete at the Sherburne Pageant of Bands (which includes a great parade!) The Junior Band and Senior Band march locally in the Cherry Valley Memorial Day Parade and the Springfield Fourth of July parade. Look for our students in the summer at Glimmerglass Opera or in the Cooperstown Community Band. Many of our students sing or play in local churches. Or maybe you've been lucky enough to have a young family member give a private concert at a family gathering!

There are so many opportunities for students to share their love of music locally and beyond. The next time you see a young musician singing or playing an instrument, take a moment to recognize the amount time and effort that has gone into the performance. Thank you for supporting music in our school at Cherry Valley-Springfield!

The Daily Bread Food Pantry

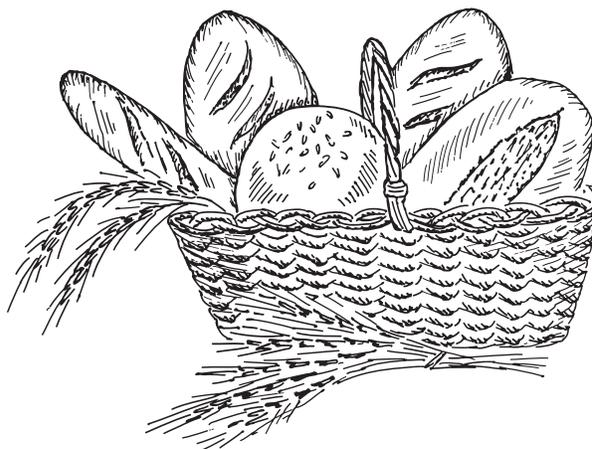
Hours

Tuesday: 9:00 a.m. to Noon and Saturday: 10:00 a.m. to 1:00 p.m. Please call the number below if these hours are not feasible or if you need immediate assistance.

Location

2 Genesee Street—The Community Center Entrance is behind the Gymnasium. Donations can be dropped off during the daytime (the door to the entryway will be unlocked)

Is your family, or a family you know, in need? Please contact Mary Fralick at (607) 547-8734 or send a letter to PO Box 328, Cherry Valley, NY 13320.



Cherry Valley-Springfield Central School
WINTER 2018 CONTINUING ED CLASSES
February Update

COURSE	INSTRUCTOR	DATE/TIME	FEE
ACRYLIC PAINTING: FROZEN POND 2: Try your hand at painting without any investment in supplies. All skill levels welcome. Students go home with an 11X14" finished piece.	Anna Halkowich	Wednesday, Feb 28: 6-8 pm	\$25/1 class Includes all supplies
ACRYLIC PAINTING: DAISIES: Another opportunity to try your hand at painting without any investment in supplies.	Anna Halkowich	Tuesday, March 13: 6-8 pm	\$25/1 class Includes all supplies
ACRYLIC PAINTING: A BARN, FENCE & WILDFLOWERS: Another opportunity to try your hand at painting without any investment in supplies. All skill levels welcome.	Anna Halkowich	Tuesday, April 17: 6-8 pm	\$25/1 class Includes all supplies
ALZHEIMER'S DISEASE: : 10 Signs of Early Detection: Attend this interactive workshop to learn the 10 warning signs of Alzheimer's disease where we separate myth from reality & address commonly-held fears about Alzheimer's & dementia.	Ann Thayer Alzheimer's Assoc	Thursday, March 1 10 – 11:30 am	None
BASKET WEAVING (Workshop 1): Choose one: Small Waste Basket With Curls: Perfect for any room! Decorative and useful! Berry Bottom Fruit Basket: A basket approximately 5" tall with a diameter of 9".	Susan Hardy	March 6: 3:30-6:30 pm OR March 7: 5:45-8:45 pm	\$30/1 class
BASKET WEAVING (Workshop 2): Choose one: Shaker Style Cheese Basket: A unique basket with a hexagonal woven bottom. Tissue Basket: A 3" tall basket which is sized to fit tissues & is also good for dinner rolls or knick-knacks. Choice of a simple or woven handle.	Susan Hardy	March 13: 3:30-6:30 pm OR March 14: 5:45-8:45 pm	\$30/1 class
BEGINNING OR ADVANCED NATURAL SOAP MAKING: Create 30 bars of old-fashioned cold processed healing bar soap. More options available (goats' milk, honey, etc) for the advanced group. Students need to bring some supplies like pots, rubber gloves, spatula, etc.	Maria Gelnett	Saturday, March 3 10 am-1 pm	\$55(Beg/1 class) or \$65(Adv/1 class)
CPR/AED: This is the basic AHA CPR Course which will cover several topics including adult rescue breathing & adult CPR/AED.	Marge Miller	Wednesday, Feb 28 6 pm	\$20/1 class
CREATE WITH CRICUT EXPRESSION OR CRICUT EXPLORE: Create a variety of seasonal projects from different materials (paper, fabric & vinyl) with your Cricut Expression or Cricut Explore Electronic Cutter. Learn about machine settings, the Cricut Craft Room or Design Space. Have the opportunity to experiment with several different cartridges.	PJ Johnson	Monday, March 12: 9 am-1 pm OR Sat, March 10: 9:30 am –1:30 pm	\$30/1 class
DEMENTIA CONVERSATIONS: This workshop offers helpful tips to assist families with difficult conversations related to dementia, including going to the doctor, deciding when to stop driving, & making legal & financial plans.	Ann Thayer	Thursday, March 8 10 -11:30 am	No Fee/1 class
FIRST AID FOR NEW COACHES: Get ready for spring coaching by taking this First Aid Course for new coaches as required by NYS Education Department or by getting recertified.	Les Bush	Saturday, March 3 & 10 9 am – 3 pm	\$30/1 day recertification \$60/full 2-day course
GLASS ETCHING: Learn one way to etch glass on 3 different glass surfaces. Choices include a wine glass or mug, a clear glass plate, and a mirror or candle holder.	PJ Johnson	Monday, April 9 6:30 – 8 pm	\$25/1 class
HEALTH SCIENCES APPLIED TO COACHING: Required course for NYS Coaching Certification. Selected principles & concepts in physiology of exercise, kinesiology, & psychology related to coaching. Emphasis placed on the mechanics, recognition, prevention & proper care of athletic injuries.	Jordan Jaquay	Wednesdays beg Feb 28 7:00 pm	\$135/10 classes
JR KARATE 1 (Block 3 starts approx March 5th)	Brian Cox	Mondays/5:30-6:30pm	\$23/6 classes
JR KARATE 2	Brian Cox	Fridays/6:30-7:30pm	\$23/6 classes

ADULT KARATE BASICS	Brian Cox	Fridays /5:30-6:30pm	\$23/6 classes
JR KARATE 3	Brian Cox	Mondays/6:30-7:30pm	\$25/6 classes
JR KARATE DOUBLES	Brian Cox	Mondays & Fridays/6:30-7:30pm	\$33/6 classes
ADULT KARATE	Brian Cox	Mondays & Fridays/7:30-9:00pm	\$38/6 classes
LIQUID SOAPMAKING: Learn to safely make your own gallon batch of natural, concentrated multi-purpose liquid castile soap from scratch. Maria will do a demo & attendees will help to create & scent a foamer bottle to take home. Will also learn to make & take home an all-purpose household cleaner.	Maria Gelnett	Saturday, March 3 2 – 3:30 pm	\$35/1 class Take home kits to make your own gallon will be available for \$25.
MEDICARE 101: An overview of Medicare & an explanation each part: A-B-C & -D plus Advantage Plans & Supplement Plans; how they fit together (or don't). Info about when to enroll & NY State's EPIC program as well as some of the possible subsidy programs available.	Jim Lee Office of the Aging	Wednesday, March 7 10 am - Noon	No Fee/1 class
OPEN COMPUTER NIGHT: Need help with technology? Stop in on Tuesday nights with your device & get free assistance from our technology instructor. Community members are welcome to use school computers and our lightning-quick internet as well.	Brian DeBoyace	Tuesdays 5 - 7 pm	No Fee
OPEN GYM NIGHT/WOMEN'S BASKETBALL: If you are over 21 years old & female, come on out to get some exercise and/or play pick-up games. Call ahead to pre-register so you can be notified if the schedule changes.	Michelle Johnson	Wednesdays beg Feb 28 6 – 7 pm	\$20/5 nights/\$5/ walk-in *walk-ins must call ahead
POUND: Join us for Pound® , the world's 1st cardio jam session inspired by the infectious, energizing & sweat-dripping fun of playing the drums. Forty-five minutes of a rockout workout with drumsticks will release your inner rock star & pump up your day. Ripstix will be provided. Bring a yoga mat. No athletic or previous experience necessary ~ great for all abilities. Join at any time.	Michelle Schmitt	Mondays beg approx March 5 6 - 6:45 pm	\$35/5 classes \$8/walk-ins
UNDERSTANDING ESTATE & ELDER LAW PLANNING: Info will be presented on Advanced Directives for Health Care (Health Care Proxy, Living Will, etc.), Powers of Attorney (to grant legal & financial authority), Wills and Probate, Trust Planning, & Medicaid. The class format will allow Q&A throughout the presentation. Feel free to bring any questions or concerns.	Ryan Coutlee Esq	Saturday, March 10 9:30-11:30 am	No Fee/1 class
YOGA/DAYS: A gentle practice allowing the body to open at its own pace. Deeply relaxing. No experience needed. Need at least 4 students for a class. Register early.	Bonnie Fayssoux	Tuesdays beginning March 6 10-11 am	\$36/6 classes/\$8/ walk-in
YOGA /EVENINGS: A gentle practice allowing the body to open at its own pace. Deeply relaxing. No experience needed. Need at least 4 students for a class.	Bonnie Fayssoux	Tuesdays & Thursdays beginning March 6 & 8 5:45-6:45	\$36/6 classes/\$8/ walk-in
ZUMBA : A Latin-inspired dance-fitness exercise program for cardio and toning. Adjustable to any intensity. Need a minimum number for the class to run. Register early.	Suzanne Fine	Tuesdays: 5:30-6:30 beginning March 6	\$36/6 classes/\$8 walk-in

COURSE REGISTRATION INFO

- Pre-registration can be done **BY PHONE (607-264-3265, ext 518)** or **E-MAIL (pjohson@cvsbsd.org)** but must be followed up with payment by mail or dropped off at the CV-S main office c/o PJ Johnson.
- Registration **IN PERSON** can be dropped off at the Main Office any day during school hours.
- Registration can be completed **BY MAIL** with payment and the completed form sent to:
**Cherry Valley-Springfield CS Continuing Ed Program
c/o PJ Johnson, PO Box 485, Cherry Valley, NY 13320**
- **OTHER INFO:** Enrollment in all classes is limited and registration is **REQUIRED!** Sign up early!
- **Only those registered** receive course changes, updates, and/or cancellations.
- Classes without minimum enrollment will be cancelled.
- Checks for all courses should be made payable to **CV-S Continuing Ed.**

If school or after-school activities are cancelled for any reason, Continuing Ed classes would also be cancelled. Courses are open to non-residents of the CV-S School District.

**REGISTRATION FORM
ADULT CONTINUING EDUCATION**

NAME _____

PHONE # _____

MAILING ADDRESS _____

E-MAIL ADDRESS _____

COURSE TITLE(S) _____

Cherry Valley-Springfield Central School
PO Box 485
Cherry Valley, NY 13320

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Organization
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Norwich, NY
13815

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ECRWSS
BOXHOLDER

Spanish Language

¡Gracias!

Thank you for helping the Foreign Language Club with their annual KISS sale. We appreciate everyone's support!

Caroling en Español

Señora Ahrens and her students had the privilege of singing carols to the Elementary students right before Christmas break. All of the students enjoyed singing and listening to these songs in Spanish.

